

BodyCraft

The Access Xpress has been designed for both able bodied persons and people with a disability.

Access Xpress

\$2,650
Inc. GST

DELIVERY & INSTALLATION COSTS MAY APPLY

Lat Pull-down

Modular Style Home Gym Utilizes BodyCraft's patented Adjustable Cable Arms



Patented **Adjustable Cable Arms** provide for a complete array of dumbbell exercises, sports specific exercises, and rehab exercises.

150lb. Weight Stack also accepts add-on weight plates for a virtually unlimited weight resistant in any variety of increments! Accepts both standard and Olympic style weights.



The Access Xpress is regarded by many health practitioners as the most innovative and flexible pieces of exercise equipment ever.

LIFETIME WARRANTY
Since it is built to last a lifetime, every part of the BodyCraft access-xpress is guaranteed for as long as you own it. We will replace or repair any defect. Warranty applies only to the original owner and for in-home use.

Flexi Pay Contract Available!!!

Provides correct form for every dumbbell exercise. A great alternative to a set of dumbbells and bench! Seat back adjusts front to back and tilts up and down providing support at every angle.

User defined motion. The Body Craft Access Xpress utilizes pulleys and cables for unrestricted, completely natural, and biomechanical correct movements. You define the path, providing for greater, more natural range of motion, which incorporates the use of stabilizer and core muscle groups - an advantage not found on typical home gyms. The Access Xpress is an effective way to build strength and balance for everyday activities, or for rehabilitative purposes.

Proudly brought to you by:
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Some Possible Exercises

Please note that the below pictures depict only a few of the possible exercises that can be achieved with the Access Xpress. The only limitation is your imagination!!!



Lat Pull Down



Overhead Triceps



Seated Row



Int/Ext Rotations



Pec Deck



Biceps Curls



Bench Press



Alternate Arm Punches



Dips

Also Available



Hand-Cycle

- Portable
- Magnetic Resistance
- Computer Display

\$235 Inc GST



Shoulder Press

**FOR MORE INFORMATION CONTACT:
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